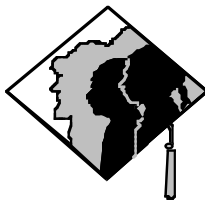


2019 Best Practices Conference on Student Behavioral Health

Sponsored by

*New Hampshire School
Administrators Association (NHSAA)*



Monday and Tuesday

April 8 and 9, 2019

**Grappone Conference Center
Concord, NH**

**See inside for daily agenda and
conference registration form**

2019 Best Practices Conference on Student Behavioral Health

Monday, April 8, 2019

Agenda

- 8:00-8:30 *Registration & Coffee – Visit with Exhibitors*
Breakfast sponsored by Demonstrated Success
- 8:30-8:45 *Welcome, Review of Program, and Introduction of Exhibitors*
~ *Dr. Carl Ladd, Executive Director, NHSAA*
- 8:45-10:15 **General Session 1 – Main Ballroom**
Educating for a Morally Connected World
~ *Nel Noddings, Lee Jacks Professor of Child Education Emerita*
This session will discuss thoughts of encouraging civility; making connections; providing continuity; and guiding critical thinking.
- 10:15-10:35 *Refreshment Break – Visit with Exhibitors*
- 10:35-11:35 **Concurrent Session A – see page 2**
- 11:45-12:45 **Concurrent Session B – see page 3**
- 12:45-1:45 *Lunch – Main Ballroom – Visit with Exhibitors*
Exhibitor Presentation by GAGGLE
- 1:45-2:45 **General Session 3 – Main Ballroom**
Youth are Talking: Are We Listening?
~ *John T. Broderick, former Chief Justice of the NH Supreme Court and Co-Chair of Campaign to Change Direction NH, & Dr. Seddon Savage, Medical Director, Silver Hill Hospital, & Dr. Moira O’Neill, Office of the Child Advocate, State of New Hampshire, & Student Facilitator from the Youth Summit*
This session will focus on voices from the Youth Summit. It will include observations and analysis from participants (both youth and experts) and will focus on observations, conclusions and calls to action that resulted from the robust discussion at the Summit.
- 2:45-3:00 **Audience Discussion and Q&A**
- 3:00 *Adjournment*

Monday, April 8, 2019

Concurrent Session A: 10:35-11:35

Capital	1. Behavioral Health Intervention Teams: Supporting the Whole Health of the Student, One Student at a Time ~ Robert Thompson, Office of Student Wellness Coordinator, Berlin School District, & Kassie Eafrazi, Developmentalist/Certified Educator, Northern Human Services Behavioral Health Intervention Teams (BHITs) are referral-driven, student-centered planning groups that meet weekly in all Berlin schools. The goal of this workshop is to provide an understanding of how the Berlin Public Schools BHIT's were formed, and how this model operates within the schools.
Concord	2. Maximizing Resources to Meet Student Needs: Behavioral Supports with Para-educators ~ Lorraine Tacconi-Moore, Superintendent, & Shayna Phillion, BCBA, SAU #24 & Carole Zeroos, RBT, John Stark Regional High School, & Joan Morgen, RBT, & Shawne Hilliard, Principal, Weare Middle & Center Woods Upper Elementary Schools This session will explore how one school district re-structured the job responsibilities of key para-educators to provide behavior interventions to students. Under the supervision of a Board Certified Behavior Analyst (BCBA), para-educators are utilized as the first line of defense to promote learning for all students.
Constitution	3. Tools for Schools ~ Ellen Desmond, Training & Technical Assistance Coordinator, & Kelly Untiet, Administrator, Office of Social & Emotional Wellness – Bureau of Student Wellness, NH DOE The Office of Social & Emotional Wellness at the NH Dept. of Education's Bureau of Student Wellness will give a brief overview of the professional learning opportunities and technical assistance it offers throughout the state. Featured as well will be a description of the NH Student Wellness Toolkit, comprehensive planning and implementation guidance for those interested in creating or enhancing a school wellness program.
Webster	4. South Central System of Care Collaborative – A Joint Effort ~ Rachel Borge, Director of Special Services, Hudson School District, & Dan Black, Assistant Superintendent, Londonderry School District, & Julie Deluca, Assistant Principal, Thornton's Ferry School, & John Fabrizio, Director of Student Services, Merrimack School District, & Meg Bentley, Director of Student Services, & Maura Palmer, Assistant Superintendent, Salem School District With a vision of creating and /or improving a System of Care for all students in grades 1-4, four school districts in the south central region have collaborated on collecting and leveraging data to support resources, services, and best practices.
Pierce	5. It's Trauma not Drama - How Adverse Childhood Experiences Can Have Long Lasting Negative Effects on Children ~ Nicole Ledoux, Victim Service Quality Assurance Director, Granite State Children's Alliance & Melanie Sachs, Survivor and Community Partner This session will provide a brief synopsis of ACEs, what they are, how they can effect the emotional and intellectual development of children and what some of the long term outcomes can be if efforts to mitigate the negative effects of ACEs are not taken. This session will also describe Melanie's journey with abuse and NH's Child Advocacy Centers.
Merrimack	6. Making it Happen: Developing the Infrastructure for Social-Emotional Learning ~ Kimberly Lessard, Director of Student Services, & Sarah Marandos, Director of Curriculum, Instruction and Assessment, Pelham School District This presentation will review the process one district has taken along the path toward implementing social-emotional learning as a universal support. It will describe the initial steps of building a school mental health system and integrating social-emotional learning for all students. Universal mental health screening in our elementary school will also be addressed.

Monday, April 8, 2019

Concurrent Session B: 11:45-12:45

Capital	<p>7. Behavioral Health Intervention Teams: Supporting the Whole Health of the Student, One Student at a Time ~ Robert Thompson, Office of Student Wellness Coordinator, Berlin School District, & Kassie Eafrazi, Developmentalist/Certified Educator, Northern Human Services</p> <p>Behavioral Health Intervention Teams (BHITs) are referral-driven, student-centered planning groups that meet weekly in all Berlin schools. The goal of this workshop is to provide an understanding of how the Berlin Public Schools BHIT's were formed, and how this model operates within the schools.</p>
Concord	<p>8. Maximizing Resources to Meet Student Needs: Behavioral Supports with Para-educators ~ Lorraine Tacconi-Moore, Superintendent, & Shayna Phillion, BCBA, SAU #24 & Carole Zeroos, RBT, John Stark Regional High School, & Joan Morgen, RBT, & Shawne Hilliard, Principal, Weare Middle & Center Woods Upper Elementary Schools</p> <p>This session will explore how one school district re-structured the job responsibilities of key para-educators to provide behavior interventions to students. Under the supervision of a Board Certified Behavior Analyst (BCBA), para-educators are utilized as the first line of defense to promote learning for all students.</p>
Constitution	<p>9. Tools for Schools ~ Ellen Desmond, Training & Technical Assistance Coordinator, & Kelly Untiet, Administrator, Office of Social & Emotional Wellness – Bureau of Student Wellness, NH DOE</p> <p>The Office of Social & Emotional Wellness at the NH Dept. of Education's Bureau of Student Wellness will give a brief overview of the professional learning opportunities and technical assistance it offers throughout the state. Featured as well will be a description of the NH Student Wellness Toolkit, comprehensive planning and implementation guidance for those interested in creating or enhancing a school wellness program.</p>
Webster	<p>10. South Central System of Care Collaborative – A Joint Effort ~ Rachel Borge, Director of Special Services, Hudson School District, & Dan Black, Assistant Superintendent, Londonderry School District, & Julie Deluca, Assistant Principal, Thorntons Ferry School, & John Fabrizio, Director of Student Services, Merrimack School District, & Meg Bentley, Director of Student Services, & Maura Palmer, Assistant Superintendent, Salem School District</p> <p>With a vision of creating and /or improving a System of Care for all students in grades 1-4, four school districts in the south central region have collaborated on collecting and leveraging data to support resources, services, and best practices.</p>
Pierce	<p>11. It's Trauma not Drama - How Adverse Childhood Experiences Can Have Long Lasting Negative Effects on Children ~ Nicole Ledoux, Victim Service Quality Assurance Director, Granite State Children's Alliance & Melanie Sachs, Survivor and Community Partner</p> <p>This session will provide a brief synopsis of ACES, what they are, how they can effect the emotional and intellectual development of children and what some of the long term outcomes can be if efforts to mitigate the negative effects of ACES are not taken. This session will also describe Melanie's journey with abuse and NH's Child Advocacy Centers.</p>
Merrimack	<p>12. Making it Happen: Developing the Infrastructure for Social-Emotional Learning ~ Kimberly Lessard, Director of Student Services, & Sarah Marandos, Director of Curriculum, Instruction and Assessment, Pelham School District</p> <p>This presentation will review the process one district has taken along the path toward implementing social-emotional learning as a universal support. It will describe the initial steps of building a school mental health system and integrating social-emotional learning for all students. Universal mental health screening in our elementary school will also be addressed.</p>

A special thank you to our diamond sponsors:



Primex³ is your premier risk management partner delivering superior coverage programs, trainings, and services that create extraordinary value for our member municipalities, schools, counties, and other governmental entities. Founded in 1979, Primex³ is a non-profit, public entity risk pool organized and operating as a trust on behalf of New Hampshire members. Primex³ offers workers' compensation, property & liability, and unemployment compensation coverage. **Please contact Member Services at 800-698-2364 for more information.**



HealthTrust teams with the best-in-class organizations to offer high quality, cost-effective, comprehensive benefit plans to New Hampshire's public sector.

- **Medical and prescription drug coverage**
- **Dental coverage**
- **Disability and Life coverage**
- **Flexible Spending Accounts and Health Reimbursement Arrangements**

Innovative Slice of Life wellness programs including SmartShopper, LiveHealth Online, and, new for 2019, Transform Diabetes Care.

Contact Darlene Simmons, Engagement Manager, 603-230-3327, for more information.

2019 Best Practices Conference on Student Behavioral Health

Tuesday, April 9, 2019

Agenda

- 8:00-8:30 *Registration & Coffee – Visit with Exhibitors*
- 8:30-8:45 *Welcome, Review of Program, and Introduction of Exhibitors*
 ~ Dr. Carl Ladd, Executive Director, NHSAA
- 8:45-10:15 **General Session 1 – Main Ballroom**
How To Choose Love
~ Scarlett Lewis, Founder, Jesse Lewis Choose Love Movement
Scarlett Lewis founded the Jesse Lewis Choose Love Movement after her 6-year-old son, Jesse, was murdered in his first grade classroom at Sandy Hook Elementary School. This comprehensive Pre K – 12th grade social emotional learning curriculum teaches educators and their students how to choose love in any circumstances. People become connected, resilient and empowered when they Choose Love.
- 10:15-10:35 *Refreshment Break – Visit with Exhibitors*
- 10:35-11:35 *Concurrent Session A - see page 6*
- 11:45-12:45 *Concurrent Session B - see page 7*
- 12:45-1:45 *Lunch – Main Ballroom – Visit with Exhibitors*
Exhibitor Presentation by Cody Outdoor Classroom
- 1:45-2:45 **General Session 2 – Main Ballroom**
Moving from Trauma to Post-Traumatic Growth
~ Shannon Desilets, Program Coordinator for the Jessie Lewis Choose Love Movement, Office of Governor Chris Sununu
Shannon Desilets has been providing post-trauma treatments to the Sandy Hook School community since the school shooting. She is a Core Specialist and international instructor in the Masgutova Method, a treatment technique reported by the community of Sandy Hook/Newtown, CT to be among the most beneficial of all therapies provided for the community.
- 2:45-3:00 *Audience Discussion/Q&A*
- 3:00 *Adjournment*

Tuesday, April 9, 2019

Concurrent Session A: 10:35-11:35

Capital	<p>11. Trauma-Informed Schools: Disability, Liability and Best Practices ~ <i>Attorneys Dean Eggert & Alison Minutelli, Wadleigh, Starr & Peters, PLLC</i> This updated seminar examines the trauma-informed schools movement through a legal lens, discusses the relationship between trauma and IDEA /504 eligibility, surveys the various legislative responses to trauma, looks at trauma-informed responses through the prism of NH law, explores the new duties that schools are assuming, establishes a framework for conducting an internal audit of your District's responses to trauma, identifies the potential liabilities that come with those duties, and concludes with some timely "best practice" recommendations for those schools that are embracing the trauma-informed movement.</p>
Concord	<p>12. Helping our Students in the Classroom through Anxiety or Learning Challenges ~ <i>Shannon Desilets, Program Coordinator, Jesse Lewis Choose Love Movement</i> Participants will learn specific techniques to help students of all ages, to prepare them for learning, and build a healthier foundation for overall functioning.</p>
Merrimack	<p>13. Project G.R.O.W – NHDOE's Trauma Sensitive Schools Initiative ~ <i>Cassie Yackley, NH Licensed Psychologist, Antioch University New England</i> Project GROW (Generating Resilience, Outcomes, and Wellness) is a partnership between the Office of Student Wellness, the NH Bureau of Special Education, and the Center for Behavioral Health Innovation at Antioch University. This project will provides expert leadership in the development of trauma informed schools and community systems.</p>
Webster	<p>14. Choose Love Continued ~ <i>Scarlett Lewis, Founder, Jesse Lewis Choose Love Movement</i> Scarlett takes a deeper dive into the topics she spoke about during her morning keynote.</p>
Constitution	<p>15. KNOW & TELL – Part 1 (Two Part, Two Hour Session) ~ <i>Stephanie Arroyo, Education Coordinator & Training Specialist, Granite State Children's Alliance</i> Stephanie is the Education Coordinator & Training Specialist for KNOW & TELL at the Granite State Children's Alliance. KNOW & TELL is the NH initiative to educate ALL adults to KNOW the signs of childhood neglect/abuse and how to TELL authorities when they suspect a child needs help. Learn how to activate the KNOW & TELL public responsibility movement in your community!</p>
Pierce	<p>16. North Country Partnership for SEL Practices ~ <i>Kelly Dussault, System of Care Coordinator, SAU 36, & Lori Langlois, Executive Director, North Country Education Services, & Shelli Roberts, Principal, Bethlehem Elementary, & Mollie White, Executive Manager, Coos Coalition of Young Children & Families.</i> Join members of the North Country Partnership for SEL Practices to learn how this effort came about, what expertise and resources are driving the collaborative work, and what the partnership plans to accomplish. The session will cover the guiding documents from CASEL and AIR that are informing the process as this group works towards recommending practices, guidelines, and policies. Particularly recommended for those school districts interested in developing an integrated systems approach to social and emotional learning that maximizes and aligns SEL resources with early learning childcare centers, home visiting and mental health programs.</p>

Tuesday, April 9, 2019

Concurrent Session B: 11:45-12:45

Capital	<p>17. Trauma-Informed Schools: Disability, Liability and Best Practices ~ <i>Attorneys Dean Eggert & Alison Minutelli, Wadleigh, Starr & Peters, PLLC</i> This updated seminar examines the trauma-informed schools movement through a legal lens, discusses the relationship between trauma and IDEA /504 eligibility, surveys the various legislative responses to trauma, looks at trauma-informed responses through the prism of NH law, explores the new duties that schools are assuming, establishes a framework for conducting an internal audit of your District's responses to trauma, identifies the potential liabilities that come with those duties, and concludes with some timely "best practice" recommendations for those schools that are embracing the trauma-informed movement.</p>
Concord	<p>18. A Helping our Students in the Classroom through Anxiety or Learning Challenges ~ <i>Shannon Desilets, Program Coordinator, Jesse Lewis Choose Love Movement</i> Participants will learn specific techniques to help students of all ages, to prepare them for learning, and build a healthier foundation for overall functioning.</p>
Merrimack	<p>19. Project G.R.O.W – NHDOE's Trauma Sensitive Schools Initiative ~ <i>Cassie Yackley, NH Licensed Psychologist, Antioch University New England</i> Project GROW (Generating Resilience, Outcomes, and Wellness) is a partnership between the Office of Student Wellness, the NH Bureau of Special Education, and the Center for Behavioral Health Innovation at Antioch University. This project will provides expert leadership in the development of trauma informed schools and community systems.</p>
Webster	<p>20. Choose Love Continued ~ <i>Scarlett Lewis, Founder, Jesse Lewis Choose Love Movement</i> Scarlett takes a deeper dive into the topics she spoke about during her morning keynote.</p>
Constitution	<p>21. KNOW & TELL - Part 2 (Two Part, Two Hour Session) ~ <i>Stephanie Arroyo, Education Coordinator & Training Specialist, Granite State Children's Alliance</i> Stephanie is the Education Coordinator & Training Specialist for KNOW & TELL at the Granite State Children's Alliance. KNOW & TELL is the NH initiative to educate ALL adults to KNOW the signs of childhood neglect/abuse and how to TELL authorities when they suspect a child needs help. Learn how to activate the KNOW & TELL public responsibility movement in your community!</p>
Pierce	<p>22. North Country Partnership for SEL Practices ~ <i>Kelly Dussault, System of Care Coordinator, SAU 36, & Lori Langlois, Executive Director, North Country Education Services, & Shelli Roberts, Principal, Bethlehem Elementary, & Mollie White, Executive Manager, Coos Coalition of Young Children & Families.</i> Join members of the North Country Partnership for SEL Practices to learn how this effort came about, what expertise and resources are driving the collaborative work, and what the partnership plans to accomplish. The session will cover the guiding documents from CASEL and AIR that are informing the process as this group works towards recommending practices, guidelines, and policies. Particularly recommended for those school districts interested in developing an integrated systems approach to social and emotional learning that maximizes and aligns SEL resources with early learning childcare centers, home visiting and mental health programs.</p>

2019 Best Practices Conference on
Student Behavioral Health

General Session Speakers

Justice Broderick – Former Chief Justice - Youth Summit
Shannon Desilets – Office of Governor Chris Sununu
Scarlett Lewis – Jesse Lewis Choose Love Movement
Nel Noddings – Professor Emerita & Author
Moira O’Neill – Office of the Child Advocate for NH
Sheldon Savage – Youth Summit

Concurrent Session Speakers

Stephanie Arroyo	Sarah Marandos
Meg Bentley	Alison Minutelli
Dan Black	Joan Morgen
Rachel Borge	Maura Palmer
Julie Deluca	Shayna Phillion
Ellen Desmond	Shelli Roberts
Kelly Dussault	Melanie Sachs
Kassie Eafрати	Lorraine Tacconi-Moore
Dean Eggert	Robert Thompson
John Fabrizio	Kelly Untiet
Shawne Hilliard	Mollie White
Lori Langlois	Cassie Yackley
Nicole Ledoux	Carol Zervos
Kimberly Lessard	

NOTES

2019 Best Practices Conference on Student Behavioral Health

Sponsored by
New Hampshire School Administrators Association

Monday & Tuesday, April 8 & 9, 2019
Grappone Conference Center
Concord, NH

Conference Registration



Please Note:

- Please use one registration form for each person attending (copy form as needed).
- Registration fees include lunch and access to all sessions.
- Registration fees are non-refundable and subject to regular billing unless **written** cancellation is received at least 7 days prior to the event.
- Season Tickets will be applied at time of billing. All other registrations must be accompanied by a check payable to NHSAA or a purchase order from your district. Electronic payment is available with online registration.
- Register by fax at 603-225-3225 or online at www.nhsaa.org
- Scan this QR code with your smart phone to go directly to www.nhsaa.org

I will attend: _____ Monday _____ Tuesday

Cost: \$160.00 per person/per day or \$300.00 per person/two days

_____ Check enclosed (payable to NHSAA)

_____ I will use the NHSAA Season Ticket/GSLA Ticket

_____ Please bill my school district/SAU

Name: _____

District/SAU#: _____

Position: _____

Address: _____

City/State/Zip: _____

Phone: _____ Fax: _____

Email: _____

Please copy this form and return it with your check or purchase order to:

NHSAA

46 Donovan Street, Suite 3

Concord, NH 03301

Phone: 603-225-3230 ~ Fax: 603-225-3225

NHSAA

46 Donovan Street, Suite 3
Concord, NH 03301

CHANGE SERVICE REQUESTED

Prstl. Std.
U.S. Postage
PAID
Concord, NH
03301
Permit No. 82