
Audience

This workshop is especially designed for superintendents, central office leaders, building leaders, counselors, nurses, and health and classroom teachers.

Goals

- This program will focus on providing in-depth information and practical policies and strategies for schools and districts addressing the areas of suicide prevention and opioid addiction.
 - To learn about best practices and intervention strategies to positively impact students' behavioral health.
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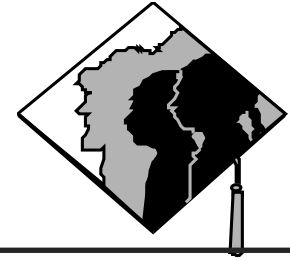
CHANGE SERVICE REQUESTED

2017 Best Practices Conference on Student Behavioral Health

**2017 Best Practices
Conference on
Student Behavioral
Health**

presented by

*the New Hampshire School
Administrators Association*



This conference is in response to a growing need from member districts to address critical issues relating to students' behavioral health (including mental health, at-risk behaviors, and substance abuse) at all age levels.

**Monday, September 18, 2017
8:00 a.m. - 3:00 p.m.
Grappone Conference Center
Concord, NH**

\$150.00 per person

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Monday, September 18, 2017 ~ 8:00 a.m. - 3:00 p.m.

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AGENDA

8:00 - 8:45 *Registration & Coffee*

8:45 - 9:00 **Welcome and Agenda Review**

9:00 - 10:15 **Transforming School Discipline: Moving from Power to Collaboration**

- Dr. Ross Green, Founding Director, Lives in the Balance

Why are the same students on the receiving end of 80 percent of punitive school discipline practices? And if rates of detention and suspension are high, doesn't that prove that those practices aren't working? And what should we be doing instead? How can we be more responsive to the true difficulties of our behaviorally challenging students so that their learning -- and the learning of their classmates -- isn't disrupted? Dr. Greene -- originator of the Collaborative & Proactive Solutions model -- has some answers.

10:15 - 10:30 *Break*

10:30 - 12:00 **Toxic Stress and Children**

- Linda Douglas, Trauma Informed Services Specialist, NH Coalition Against Domestic & Sexual Violence

Children are often exposed to a number of stressors from pre-birth through adolescence that impact their ability to learn and socialize with their peers in ways that contribute to healthy lives. This session will discuss the Adverse Childhood Experiences study and also present information that shows that there is still hope for children through a number of resiliency factors that can be nurtured for children and their families, peers, and in the classroom.

12:00 - 1:00 *Lunch*

1:00 - 2:45 **Teacher Mental Health**

- Dr. Donald Perras, Behavior Specialist, D.P. Enterprises

This session will provide an innovative 'teacher mental health' training that evaluates stressors associated with behavioral issues. It will address the interpersonal dynamics related to classroom management tasks. Teachers' psychological / affective conflicts related to student conduct are highlighted. Preventative strategies are provided that maximize teacher wellness and self-efficacy to sustain career productivity.

2:45 - 3:00 **Summary & Evaluation**

Registration Form

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Concord, NH

Name: _____

Position: _____

SAU/School District: _____

Email: _____

Phone: _____

Cost: \$150.00 per person

*Registration fees are nonrefundable and subject to regular billing unless **written** cancellation is received at least 7 days prior to the event.*

_____ Check enclosed (payable to NHSAA)

_____ I will use the NHSAA Season Ticket

_____ Please bill my SAU/School District

Please complete and return this form to NHSAA via mail or fax (603-225-3225). Or, register online at www.nhsaa.org. Scan this QR code to go directly to our home page.

